

## Mississippi Homemaker Volunteers support these activities and projects:

### *Ari's Pillowcase Project*

- Sew colorful pillowcases for children with cancer.

### *Blue Ribbon Campaign*

- Distribute child abuse prevention literature to schools, churches, and restaurants.

### *Children's Hospital of Mississippi*

- Sew and donate gowns, blankets, cough pillows, therapy dolls, and other needed items to hospital patients.

### *International Program*

- Sew dresses for schoolgirls, shorts for boys, and tote bags for women.

### *Teddy Bears for Comfort*

- Donate teddy bears to the Mississippi Highway Patrol (and local police departments) for children who need comfort.

MHV members study and support community special issues, family issues, cultural arts, environmental improvement, and health and nutrition issues.

To find out more about MHV, visit [extension.msstate.edu/mhv](http://extension.msstate.edu/mhv).



## MHV Mission

The mission of MHV clubs is to strengthen families through education and community involvement. MHV is for all Mississippians who are interested in improving family and community life.

Members of MHV lead educational programs and projects designed to help individuals better care for their families and their homes, and in turn, make Mississippi communities better.

## MHV Guidelines

- County councils and clubs meet monthly.
- County councils conduct training for club leaders and coordinate projects.
- Any MHV member is welcome to attend council meetings.

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# Mississippi Homemaker Volunteers, Inc.

*Meeting the needs  
of local communities  
since 1918.*



[extension.msstate.edu/mhv](http://extension.msstate.edu/mhv)



# Mississippi Homemaker Volunteers want *you* to be a part of their educational program.

Mississippi Homemaker Volunteer (MHV) clubs are for all who are interested in improving family and community life.

Requirements for membership:

- An interest in current information that improves the quality of life for you and other families in your community.
- A willingness to share with others the responsibilities of making the club a success.

Club groups usually have 8 to 15 members. Members conduct programs, participate in leader training classes, network with other organizations, discuss local needs, plan events to meet those needs, and participate in recreational activities.



Members may participate in county, area, and state programs. More than 1,700 Mississippians are involved in this educational program offered cooperatively with the Mississippi State University Extension Service.

## What Does MHV Membership Offer?

As a member of a Mississippi Homemaker Volunteer club, you may participate in educational programs designed to help you better care for your family and home and become a more active member of your community.

Topics you will learn about include:

- Budgeting and finance
- Nutrition, diet, and exercise
- Health issues and healthcare
- Food safety
- Literacy
- Personal development
- Leadership development
- Community involvement
- Public policy education
- Creative arts and leisure activities

## Membership Fee

There is an annual membership fee of \$6 for each state MHV club member. In addition, individual clubs may request that members pay a county operational fee.

## Interested in Joining MHV?

Just fill out this form and return it to your county Extension office.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

I am interested in the following types of MHV clubs:

traditional

young family (under age 35)

couples

special interest (list)

\_\_\_\_\_

\_\_\_\_\_

lunch and learn

mailbox membership

other suggestions (list)

\_\_\_\_\_

\_\_\_\_\_