Cleaning the Bathroom Clean & Healthy Housing



Avoid mold, mildew, and germs by keeping your bathroom clean and dry.

Hang it up. Spread it out. Air it out.

Toilet, Tub, and Shower

Hang up wet towels to dry immediately. Piles of wet cloth will be ruined by mildew.

Spread out your shower curtain and keep it inside the tub to keep water off of the floor.

Keep the shower curtain spread out so it will dry more quickly and to avoid mold or mildew.

Air out the bathroom to get rid of steamy condensation by either opening a window or running a vent-fan for 30 minutes after your hot bath or shower.

Keep bathroom surfaces clean and dry to prevent mold or mildew. Soap scum and dirt are mold food.

Use natural products, such as vinegar or baking soda, to clean surfaces.

Scrub the toilet inside and under the rim with a long-handled brush.

Wash the toilet seat, lid, tank, and floor with a soapy cloth.

Use a plunger to unplug toilet, tub, or sink.





Mirror, Vanity, and Walls

Keep the area under the sink clean and dry. Have leaks repaired.

Clean the mirror and metal surfaces with vinegar and newspaper.

Use baking soda as a gentle scrubber for the sink or tub.

Be aware that hairsprays, perfumes, and fragrant soaps or products can cause breathing problems for those with allergies or asthma. Choose fragrance-free soap, detergent, or other products for them.

Clean mold or grime with a damp—not wet—cloth or brush.

If you see or smell mold, look for and correct the source of moisture helping it grow, or it will come back.





Information Sheet 1982 (POD-04-17)

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Produced by Agricultural Communications.

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Extension Service of Mississippi State University, cooperating with U.S. Department of Agriculture. Published in furtherance of Acts of Congress, May 8 and June 30, 1914. GARY B. JACKSON, Director