

American Lotus | Nelumbo lutea



Mixed stand of American lotus, water lily, and other species. Round American lotus leaves are floating on the surface and emergent.



American lotus seed pod.



Round American lotus leaf showing the central stem insert, radiating veins, and lack of notch.

American lotus is found throughout Mississippi and is easily recognizable by its large, round leaves with central stem insertion, large, yellow single flower, and unmistakable seed pod.

Leaf stems extend to the pond or lake bottom, where the plant is rooted in the sediment and has rhizomes that store nutrients.

Leaves can reach diameters of 2.5 feet or more and may float on the water surface. Some leaves may emerge several feet above the water; these are referred to as umbrella pads. Flowers can be as wide as 10 inches.

The seed pod, or receptacle, is **shaped like an inverted cone and contains acorn-like seeds** within individual cavities.

Management Value

American lotus is a native plant, and its seeds are eaten by some species of waterfowl and possibly other wildlife. The rhizomes are eaten by beavers and muskrats, while the leaves and stalks provide habitat for fish. In small quantities, it is part of a healthy pond ecosystem, although it is highly invasive and usually takes over shallow ponds. American lotus is not recommended for pond management.

American lotus roots, leaves, and seeds are edible. Native
Americans were known to eat the starchy rhizomes, and young
leaves can be cooked and eaten like spinach. Immature seeds
can be eaten raw, and the seed pods are commonly used in floral
arrangements.

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Recommended Controls

Option 1: 2,4-D (3.8-pound formulation). For each gallon of water, mix 5.1 ounces of 2,4-D, 1.3 ounces of surfactant. Spray to wet all exposed plants. Do not exceed annual herbicide rate limits as stated on the product label.

Option 2: Diquat (3.73-pound formulation). Diquat (0.25 gallon per acre-foot of water) should be applied as a submersed injection (application using a wand or hose). Determine pond volume prior to application. Dilute 1 part diquat with 9 parts water. Inject the formula using a boat and motor. Do not exceed annual herbicide rate limits as stated on the product label.

NOTE: Acre foot = average depth of pond multiplied by pond acreage; average depth is calculated by taking the depth at 20 points across a water body and averaging the values.

Option 3: Triclopyr (3.0-pound formulation). For each gallon of water, mix 5.1 ounces of triclopyr, 1.3 ounces of surfactant. Spray to wet all exposed plants. Do not exceed annual herbicide rate limits as stated on the product label.

For heavy coverage, treat one-third of pond at a time with 1-2 weeks between applications for both Options 1 and 2.

Read and follow all chemical label instructions, especially the section on the use of personal protection equipment.

Funding provided by the Aquatic Nuisance Species Program of the U.S. Fish and Wildlife Service, Grant Award F18AP00260 to the Mississippi Department of Environmental Quality. Additional funding and support provided by the MSU Extension Service.











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Publication 3735-16 (POD-11-23)

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Produced by Agricultural Communications.

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Extension Service of Mississippi State University, cooperating with U.S. Department of Agriculture. Published in furtherance of Acts of Congress, May 8 and June 30, 1914. ANGUS L. CATCHOT JR., Director