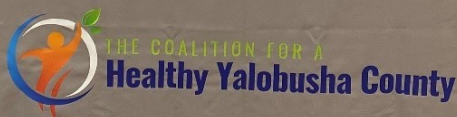
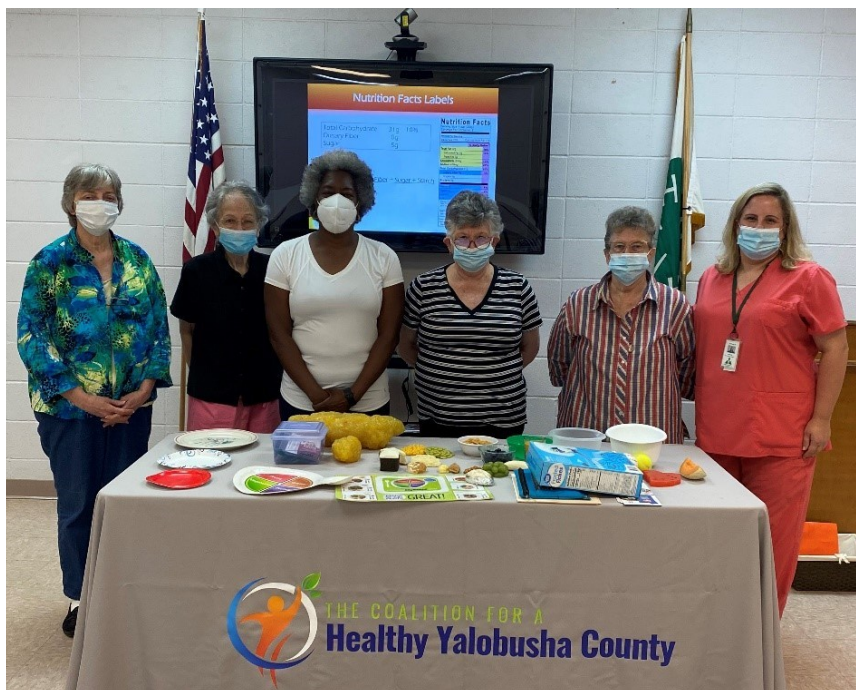




Raising kids, Eating right, Spending smart



Dining with Diabetes Series



The Dining with Diabetes class has wrapped up. We had a great class and we are now waiting on the Reunion Meeting which will be held Tuesday, December 7th.

October is National Children's Health

Literacy month. Eat Smart!



ServSafe Food Safety Certification Course



Date: Wednesday-Thursday, December 15 and 16, 2021
Time: 9 a.m. to 5 p.m.

Cost: \$140-Cashier's check or money order

Location: Calhoun County Extension Office

Deadline to Register: November 15, 2021

ServSafe ONLINE EXAM – Contact the Extension office for pricing and exam times available.



Forestry News

MSU Extension welcomes new forestry specialist

Ms. Susan M. Collins-Smith
MSU Extension Service

RAYMOND, Miss. -- Mississippi State University recently welcomed a new forestry specialist.

Curtis VanderSchaaf joined the MSU Extension Service in the southwest region as a forestry specialist with regional and statewide duties. He also is a faculty member in the MSU Department of Forestry. VanderSchaaf is based in the Central Mississippi Research and Extension Center in Raymond.



MHV NEWS United Y.C.

Meet – Tuesday, October 19th
Time: 9-10 a.m.
Location: Extension office
Virtual Area Meeting: October 14th

Morning CREATE MHV Club

Date: Wednesday, October 6, 2021
Time: 9 a.m. until noon
Location: Extension Office located inside Multi-Purpose Building
Program: Hymn Plaque

Program Leader: Shay Lloyd

Cost: \$7.00

All Supplies will be purchased by the presenter. Please bring your glue gun.

Please call to reserve your spot.



September Create Club with their decoupage cheese boxes.



The Crochet Group will meet at the Extension Office this month from 10 a.m.

until noon. The group is led by volunteer Karol Jarman. You will need to bring the yarn of your choice and a crochet

hook. This is a great opportunity for beginners to learn how to crochet, as well as, a good time for more experienced people to get ideas for new projects, or finish existing projects.

**October Dates:
Thursday, 7
Thursday, 21**



Halloween Safety Tips

- 👉 Go only into familiar neighborhoods, and stop only at houses that are well lit.
- 👉 Carry flashlights and use reflective tape on clothing and bags.
- 👉 Walk, do not run, on sidewalks, not streets. If there are no sidewalks, walk on the left side of the road, facing traffic.
- 👉 Slow down when approaching driveways to avoid exiting or entering cars, and do not run out between cars.
- 👉 Discard commercially produced candy if the wrapper is loose or the seal has been broken.
- 👉 Examine the outside of fruit for any suspicious cuts or holes. Wash and slice it into small pieces, checking for inedible objects.
- 👉 If anything is suspicious about treats, report this to the police or other appropriate authorities.
- 👉 When in doubt, throw it out.

Alternatives to Candy Treats

- 👉 Baseball cards or other sports cards
- 👉 Modeling clay
- 👉 Coloring books, crayons, magic markers
- 👉 Yo-yos
- 👉 Holiday pencils, pens, or erasers
- 👉 Puzzles
- 👉 Snack coupons to a local fast food or ice cream shop
- 👉 Card games
- 👉 Kites and planes



Alternatives to Trick-or-Treating

- 👉 Neighborhood party (provide games and activities, such as bobbing-for-apples or movies)
- 👉 Haunted house party or parade
- 👉 Storytelling (can take place anywhere and is perfect entertainment for children and adults)
- 👉 Harvest fairs and festivals
- 👉 Hayrides

Reminders for Children's Parties

- 👉 Choose foods that children will enjoy.
- 👉 Furniture, food, and decorations should be child-sized.
- 👉 Have plenty of supervision. One adult can handle about 10 children; use two adults if the children are in a setting outside the home.
- 👉 Remember that something that is scary and fun for adults might not be fun for children.



M915 (POD-09-18)

By Louise E. Davis, PhD, Extension Professor, Human Sciences.

Produced by Agricultural Communications.

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Extension Service of Mississippi State University, cooperating with U.S. Department of Agriculture. Published in furtherance of Acts of Congress, May 8 and June 30, 1914. GARY B. JACKSON, Director



4-H News

4-H Cooking Kits



What: October Cooking Kit

Cost: \$5 per kit

Kit Contains: A recipe, the ingredients needed to complete recipe, a kitchen tool, educational information about the featured food and an activity evaluation.

Registration deadline: Friday, October 15th

Pickup date: Thursday, October 21st

Participants are asked to send Mrs. Pamela a picture of child cooking the recipe and the completed evaluation by Friday, October 29th. Youth ages 5-18 (younger children can participate but may need more adult supervision).



Yalobusha Bots – 4-H

Robotics Club

Date: Tuesday, October 19, 2021

Time: 4 p.m.

Location: 2 options: Face to Face at the Multi-Purpose Building in Coffeeville or join us via Zoom – we will email link closer to time.

Program Topic: Magnet Train

Cost: Train Kit \$1.00 . You will also need the magnets and AAA battery from Kit 2.

Kits can be picked up at the Extension office.

Open to youth ages 8-18.



4-H Ground Breakers September meeting

Date: Saturday, October 23rd

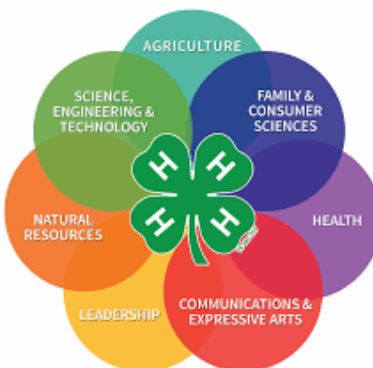
Time: 10:30 a.m.

Location: TBA

Topic: TBA

Open to youth ages 8-18.

For more information email Mrs. Natalie Turner; gmatibryant@gmail.com



4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



4-H Cloverbuds September meeting

Date: Thursday, October 21st

Time: 4:30 p.m.

Location: TBA

Topic: TBA

Open to youth ages 5--7.

For more information email Mrs. Natalie Turner; gmatibryant@gmail.com

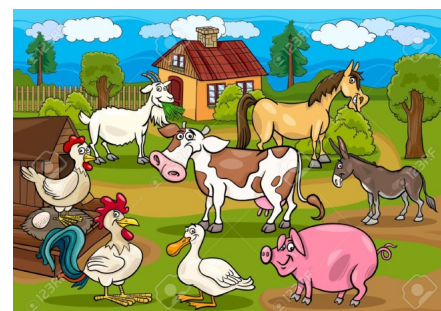


Wildlife Art Classes for Youth

Classes are open to youth ages 12-18. Classes will be held at the Yalobusha County Multi-Purpose Building. To sign up for classes or to receive more information, please call the MSU Extension office at 662.675.2730 or email Pamela Redwine at p.redwine@msstate.edu

Tuesday, October 5th at 3 p.m.

Topic : Farm Critters Technique : Assorted Markers.





September Cooking Kits No Bake Monster Cookie Granola Bar Bites



Water Valley Groundbreakers Cookout Contest



4-H Day at the Mississippi State Fair—T-Shirts

For free admission into the Fair on 4-H Day, October 16th, you may order T-Shirts by clicking the following link <http://msuext.ms/sftshirtt> (see design below). T-shirts range in price from \$6-8 in price, depending on size. An alternative to the T-shirt is to order arm bands from the state 4-H office by providing a list of names. Orders may be picked up from the state 4-H office or they will be shipped out to the county extension offices on Monday October 11th.



Youth Volunteers Needed

4-H members are needed from 10:00 a.m. and 7:00 p.m. to work at the Ag Expo held in the Trade Mart during the 2021 Mississippi State Fair from October 6-17. 4-H members who are interested in volunteering at the Ag Expo should contact Ms. Holli Mitchell at holli.mitchell@msstate.edu or call 662-325-3350.



Inaugural 4-H Omelet Cook-Off at the Mississippi State Fair

This year on 4-H Day at the State Fair, we are excited to host the Inaugural 4-H Omelet Cook-off for 4-H members with the Mississippi Egg Marketing Board! The Mississippi Egg Marketing Board was established to expand the market for Mississippi produced eggs. The Egg Marketing Board's mission is to educate the consumer as to the food value of eggs; disseminate information relating to eggs and the importance of eggs in preserving public health; demonstrate the economic value of eggs; and stress the importance of eggs in the nutrition of children. The Egg Marketing Board participates in many statewide events to promote its mission and provides "Egg"ucational materials to educators and home-school groups.



What you need to know:

- Pre-registration is required. Space is limited.
- 4-H members can sign up by emailing Ms. Holli Mitchell at holli.mitchell@msstate.edu
- Include name, county and recipe for omelet.
- EVERYTHING the 4-H member needs to prepare omelet will be provided.
- Contests will be held in the Trade Mart on the Mississippi State Fairgrounds in Jackson on 10/16/21 (4-H Day) at 10:00 am.
- For more information contact the Extension office at 662-675-2730

Calling all artists!

Mississippi 4-H Art Showcase - 2021

Guidelines:

Eligibility (who can enter)

- Any 4-H member may enter!

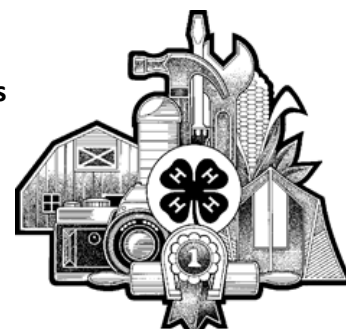


How to enter

- Enter through the County Extension agent or directly through the State 4-H Office.
- There is no entry form for this project, but all entries must include the following information:
 - The 4-H'ers name,
 - County of residence
 - Description of the project.
- Deadline for entry is Monday, October 11th.

Rules

- All entries must be original artwork.
- Artwork must be 8" by 10" or larger.
- Artwork may be entered in the following categories: Drawing with any medium, Painting with any medium, Photography, Graphic Design. Previously entered Horse Art will be accepted.
- Each person may enter up to 4 pieces total, all in one category or mixed categories.
- Identification form must accompany artwork when it is entered. Liability and Terms of Agreement
- Artwork accepted for the Showcase may be framed and matted prior to display.
- All accepted artwork may be used throughout the year for 4-H Showcase and other events prior to being returned.



State Fair Schedule

4-H Schedule of Activities and Events

Saturday, October 9, 2021

- 8:00 a.m. Junior Market Steer Show - Judging Arena Junior Commercial Beef Heifer Show - Judging Arena
1:00 p.m. Junior Lamb Shows - Barn 8 – (showmanship; wether dams; market hair sheep; market lambs);

Sunday, October 10, 2021

- 8:00 a.m. Arrival of Junior and Open Market Swine; scales open for weighing market junior and open market swine
8:30 a.m. Present 4-H/FFA Replacement Beef Heifer Development Contest Awards – Judging Arena
9:00 a.m. Beef Showmanship - Judging Arena (two rings; 8-13 years old in one ring and 14-18 years old in other ring)

Monday, October 11, 2021

- 8:00 a.m. Junior Beef Breeding Show - Judging Arena (two rings).
10:00 a.m. Open Market Swine Show - Swine Barn
10:15 a.m. Junior Market Hog Show - Swine Barn; market hogs released after showing

Friday, October 15, 2021

- 8:00 a.m. 4-H/FFA Dairy Goat Show - Barn 8 – Showmanship, Commercial Dairy Goats, Sr. Does, and Jr. Does
8:00 a.m. Jr. Poultry Show - Check in beginning at 8 am
9:00 a.m. 4-H Poultry Show
9:00 a.m. Open Dairy Cattle Show - Judging Arena
12:00 Noon Goat Showmanship (Market Goats and Commercial Meat Goat Does) - Barn 7
4-H/FFA Meat Goat Doe Show - Barn 7 (Start 15 minutes after Goat Showmanship)
1:00 p.m. Two-Year-Old Holstein Futurity - Judging Arena
1:15 p.m. Two-Year-Old Jersey Futurity - Judging Arena
2:00 p.m. 4-H Poultry Barbeque Contest – Location TBD, Pre-Registration Required
7:00 p.m. Special Dairy Classes - Judging Arena
The Pretty Cow Contest
The Commissioner's Production Cup

Saturday, October 16, 2021 (4-H DAY)

- 8:00 a.m. MGA Open Dairy Goat Show - Barn 8
8:30 a.m. Junior Dairy Cattle Show - Judging Arena (Showmanship followed by the Commercial Dairy Heifer and Cow Shows and Junior Dairy Purebred Show)
8:30 a.m. Junior Market Goat Show - Barn 7; released after showing
9:00 a.m. 4-H Robotics Contests
10:00 a.m. 4-H Omelet Cook-Off Trade Mart, Preregistration required
10:00 a.m. 4-H Tractor Driving Contest - Location TBD, Pre-registration required
11:00 a.m. 4-H Fashion Revue / Modeling Squad Showdown – Trade Mart Stage, Pre-registration required
11:00 a.m. Horse & Mule Pull - Equine Center

October Garden Checklist

GARDENING



By [Ms. Mary Michaela Parker](#)
MSU Extension Service

Autumn is officially here! It's not hard to love this time of year. Temperatures are cooling, can stay on top of your monthly gardening chores! leaves are changing, and there will be more branches than foliage soon. It's hard not to love this time of year! As we close out this calendar year, it's easy to convince yourself there's not much to do in the yard. Take a break, but also take time to check off these tasks!

1. Stay on top of fallen leaves by raking and placing them in compost bins or turning them into mulch using your lawnmower. You can add the mulch to your garden beds for winter protection!
2. Remove any damaged or dead wood from trees around your house. As the leaves fall off, it's easier to see limbs that need to be removed. Information Sheet 204, "Pruning Landscape Plants," offers pruning tips and techniques for plants you have in the yard.
3. Plant spring-flowering bulbs such as daffodil, daylily, and iris. Hold off on planting tulips and hyacinths until December or January. If you've already purchased these bulbs, we recommend placing them in the refrigerator until it's time to plant. Check out Extension Publication 1736, "Planting and Care of Bulbs, Corms, Rhizomes, and Roots," for additional information.
4. Plant herbs like basil, chives, parsley, rosemary, and sage for an indoor herb garden. Plant the seeds in a pot and place them in a sunny window to make sure it gets adequate lighting. Check out the herb garden section of our website for information on how to grow and cook with herbs!
5. During this "off- season," we recommend taking a soil sample in your garden. Soil testing is an important aspect of gardening that's often overlooked. MSU Extension offers soil testing for \$8 and provides you with recommendations for optimum fertilizer application. Check out our blog post or contact your local Extension office for more information on how to take a soil sample.
6. If you haven't already, now is the ideal time to apply preemergence herbicides to your lawn to prevent pesky weeds from popping up!

<https://extension.msstate.edu/blog/october-garden-checklist>



October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 3-4-H Art	6 9-Create	7 10-Crochet	8	9
10	11	12	13 Servsafe	14 MHV Virtual Fall Area Meeting – Calhoun	15	16 4-H Day at MS State Fair
17	18	19 9-MHV 4-4-H Robotics	20 Health Coalition Meeting	21 10-Crochet 4:30 4-H Cloverbuds 4-H Cooking kit pickup	22	23 4-H GroundBreakers
24	25	26	27	28	29	30 4-H SAFETY Awards
31						

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