

# I Pledge:



**My Head to  
Clearer Thinking**

(Right hand  
touches forehead)



**My Heart to  
Greater Loyalty**

(Right hand  
over heart)



**My Hands to  
Larger Service**

(Arms slightly bent,  
palms up)



**and My Health  
to Better Living**

(Arms at sides)

**For My Club, My Community, My Country, and My World**



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