



MISSISSIPPI STATE UNIVERSITY™  
EXTENSION

# MSU DAWG TRACKS

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I recently heard two guys speak about their experiences with separate, serious workplace accidents. One of these was a co-worker of the victim and the other was the victim; both resulted in life-changing outcomes.

Have you ever been involved in a workplace accident?  
How did it affect you, your co-workers, you're your family, both short-term & long-term?  
If an incident comes to your mind, then there is a story others can learn from.

Some things to keep in mind...

- ✓ Your actions and decisions, or lack thereof, affect yourself & others.
- ✓ Work life affects your family & friends. Family & friends affect your work life.
- ✓ No matter your role (worker, supervisor, or co-worker), realize the potential consequences if you do not act or do not say something.
- ✓ Don't let pride and ego get in the way of making a good decision.
- ✓ Use your influence. Authority and position mean nothing, you must be able to connect with & inspire others to make a difference.
- ✓ Listen! Seek to understand the situation and concerns not just to give an answer.
- ✓ When intervening in an unsafe situation, tone is everything. Be positive, be honest, and be clear in redirection.
- ✓ You will never remember the number of samples collected, reports/papers submitted, animals fed, rows sprayed, production made or other daily grind activities, but you will remember the feelings you had the day those activities came to an abrupt halt.
- ✓ Safety is not about forms, numbers, or checking boxes, but about INDIVIDUAL PEOPLE and their ability to go home from work the same way they came!

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## Sources:

Alabama Governor's Safety & Health Conference 2025:  
keynote speakers –  
Billy Parker  
Ricky Rollins