



EXTENSION

*Grab
& Go*



4-H Grab and Go Kit October 2023

Welcome!

We love that you love learning! This month let's explore our 4-H RABBIT project area. 4-H Rabbit is a project area that is the FASTEST growing group across Mississippi.

This kit is designed to SPARK the interest of young minds and learn about all the different possibilities through Mississippi 4-H. Everybody has a skill, a talent, an interest, or a special quality that they are passionate about. We call these things SPARKS. They provide joy, purpose, and direction. Sparks are self-discovered and self-identified. Check back with us to continue learning with us!

Yours,
Extension Agents

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DeSoto County Extension Office

DeSoto County 4-H



Please scan this QR Code to let us know if you picked up a kit.

Let's explore our Rabbit 4-H project area! This is one of the fastest growing 4-H projects in Mississippi! Explore this project area with us this month and learn why!

WHAT IS THE 4-H RABBIT PROJECT?

Rabbits are a popular project for younger 4-H members ages (5-7) or other members ages (8 - 18) who do not have the facilities or space for a larger animal species. Basic background information about raising and caring for rabbits will assist in making your endeavor into rabbit ownership a success. The Mississippi 4-H Rabbit Project has grown from having 48 exhibitors to 95 exhibitors.



INTERESTED IN THE 4-H RABBIT GROUP? JOIN US TO LEARN MORE!



DESOTO COUNTY RABBIT INTEREST MEETING

**NOVEMBER 14, 2023
6:00 PM**

**DESOTO COUNTY EXTENSION OFFICE
3260 HWY 51 SOUTH
HERNANDO, MS 38632
662-469-8480**

LEARNING NEVER ENDS

with
DeSoto County



4-H RABBIT SHOW PREPARATION

Handling

1. Wear long sleeves to protect your arms from getting scratched.
2. Handle your rabbit with care, and often.
3. Always handle your rabbit humanely. NEVER lift or carry a rabbit by its ears. This is painful for the rabbit. Lifting by the ears causes damage to the ear veins. Also, without the entire body being supported, when a rabbit kicks to free itself, it may cause bone fractures in its back or hind legs, and cause injury to nerves or tendons.
4. NEVER lift a rabbit by its legs. This is painful, as well as can cause injury as mentioned in No. 3.
5. NEVER lift a rabbit by the scruff of its neck without supporting the entire body weight, as injuries can occur as mentioned in No. 3. Also, fur can be damaged.
6. Put a rug or piece of carpet on the table or area where you are handling your rabbit, so it can get a foothold when being handled. Smooth surfaces cause a rabbit to slide, making it hard to handle, groom, and pose. A rabbit will not feel secure on smooth places, and may become afraid.
7. Handle your rabbit during the cool part of the day. Two or three short sessions are better than one long session.
8. Handling rabbits when it is too hot can cause unnecessary stress and heat stroke.
9. Carry your rabbit by tucking its head under your arm while supporting its body between your side and your same arm. The rabbit's eyes should be covered by your elbow. Support the hindquarters with your free hand.

Grooming

1. Begin grooming your rabbit at least six weeks before the show.
2. Groom in the cool part of the day.
3. Use a table covered with a rug or piece of carpet as a grooming stand. Make sure the table is sturdy and does not wobble while grooming your rabbit.
4. For the first few days of grooming, moisten your hands and rub them through the rabbit's fur (from head to tail) until it is damp.
5. Once the fur is damp, stroke the rabbit from head to tail several times to remove dead fur.
6. Do not rub the fur backwards (from tail to head) as that can break the guard hairs.
7. Repeat steps 4 through 6 for several days.
8. Then continue to groom your rabbit daily by stroking the fur from head to tail without dampening the fur. This makes the fur shiny and tight.
9. Daily grooming improves the appearance of your rabbit, and tames it, making it easier to handle

DON'T OWN A RABBIT? THAT'S OK!

We have photography and art competitions that you can compete in to win prizes! There is also a Rabbit Skil-a-Thon contest that you could participate in. There is something for all rabbit lovers to participate in! Enjoy the rabbit craft on the next page to get you started.

Enter The Mississippi State Fair Rabbit Art Contest and show us your skills! The rules and info are included in your kit. Keep reading. FYI the deadline is soon and you must be an enrolled 4-Her. Simply complete the enclosed enrollment form and create a one of a kind piece of art.



Submit your art work or photography by bringing a 4-H Enrollment Form along with all your projects to the Desoto County Extension Office by 5:00 PM on October 11, 2023 if you are not showing rabbits at the State Fair. We can transport your art to the State Fair for you! If you ARE showing, you can submit your entries at check in at the show.

RABBIT PHOTOGRAPHY CONTEST

Photography

Class

- 14. Single Photo- Black & White
- 15. Single Photo- Color
- 16. Photo Series



Special Rules/ Instructions

- Photos no smaller than 4"x6" or larger than 11"x14", printed vertically or horizontally, mounted for display.
- Framing, without glass, and/or easel to display is optional.
- Photo series will consist for 3-6 photos mounted together to tell a story or convey an idea.

STATE FAIR RABBIT ART CONTEST

Exhibits must include a rabbit or as part of their design and be informational or promotional A contestant may enter as many classes as they choose, but may submit only one entry per class. Your name, address, age, and class entered should be clearly indicated on both the inside and outside of the entry.

Art

Class

1. Drawing
2. Painting
3. Sculpture or Carving

Special Rules/ Instructions

- Must be mounted, framed, ready for display. Easel optional.
- Absolutely no class!

Crafts

Class

4. Ceramics or Pottery
5. Handmade Jewelry
6. Clothing (made by exhibitor) or wearable art
7. Puppet of stuffed animal
8. Any other craft

Special Rules/ Instructions

- Display to best suit the item(s)
- Item(s) must be clearly and easily visible
- Display boxes are allowed, but absolutely no glass!

Creative Writing

Class

9. Poem
10. Short Story

Special Rules/ Instructions

- Exhibit in a protective report cover or clear plastic sleeve for protection.

Educational

Class

11. Display
12. Game
13. Poster

Special Rules/ Instructions

- Displays must be mounted on a tri-fold board or a self supporting display board with items arranged for viewing in front. The display board should provide information regarding the items (s) on display. (ie: medicine kit on display with information on board)
- Games MUST include play instructions.
- Posters shall be a single sheet poster board or foam board, overall size should be 22"x28'. Any other size will receive a point penalty.



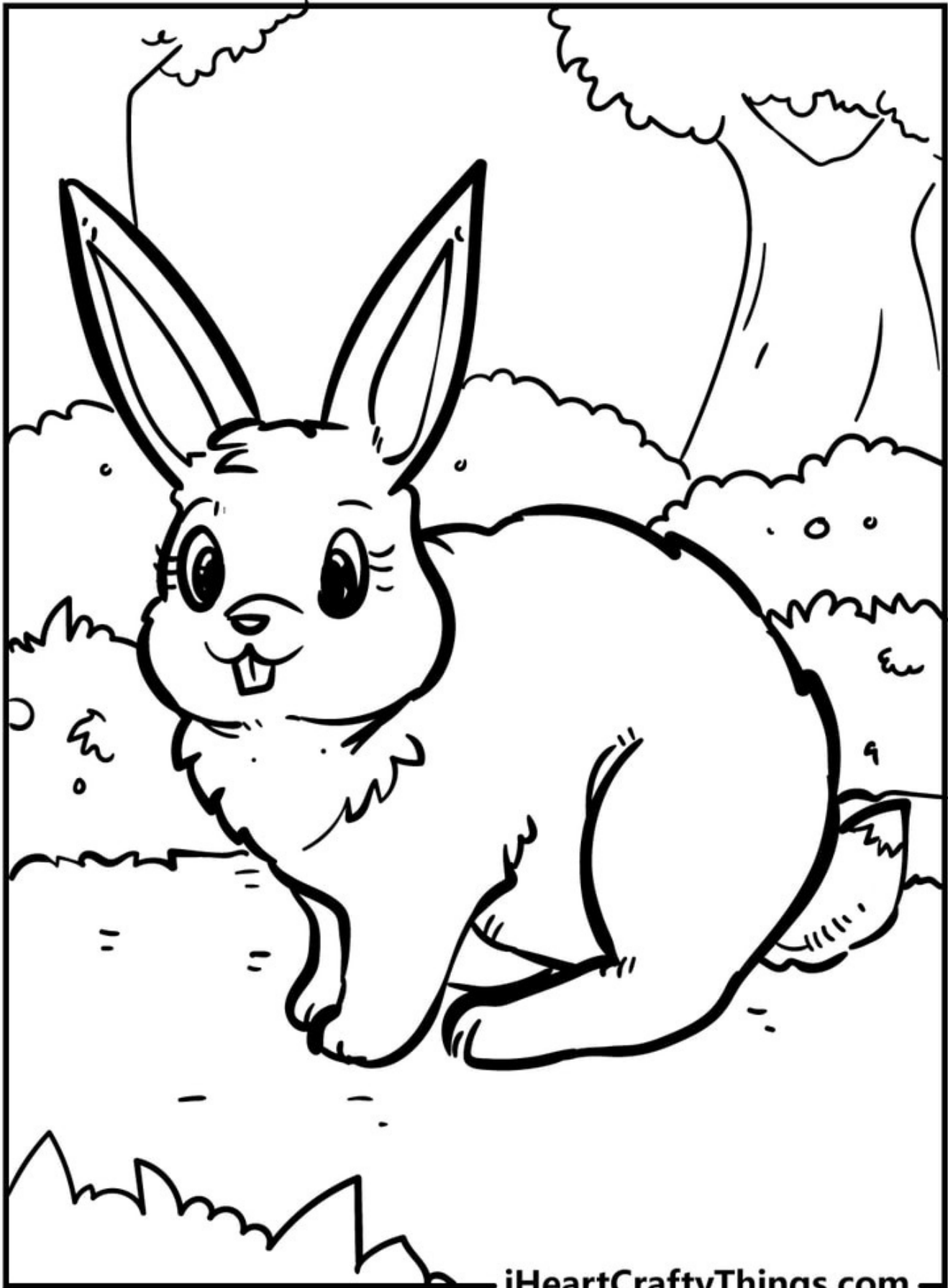
<https://www.pinterest.ca/pin/423549539926807357/>

Name: _____

Parent Phone Number: _____

Email a picture of this coloring sheet to desoto@ext.msstate.edu by Oct 13, 2023 at 5pm at a chance of winning a prize.

DESOTO COUNTY RABBIT ART CONTEST



BUNNY PAPER PLATE MASK CRAFT



Supplies:

- Paper plate
- White paper
- Light pink paper
- Jumbo craft stick
- White pipe cleaners
- Hot glue/Elmers Glue
- Scissors

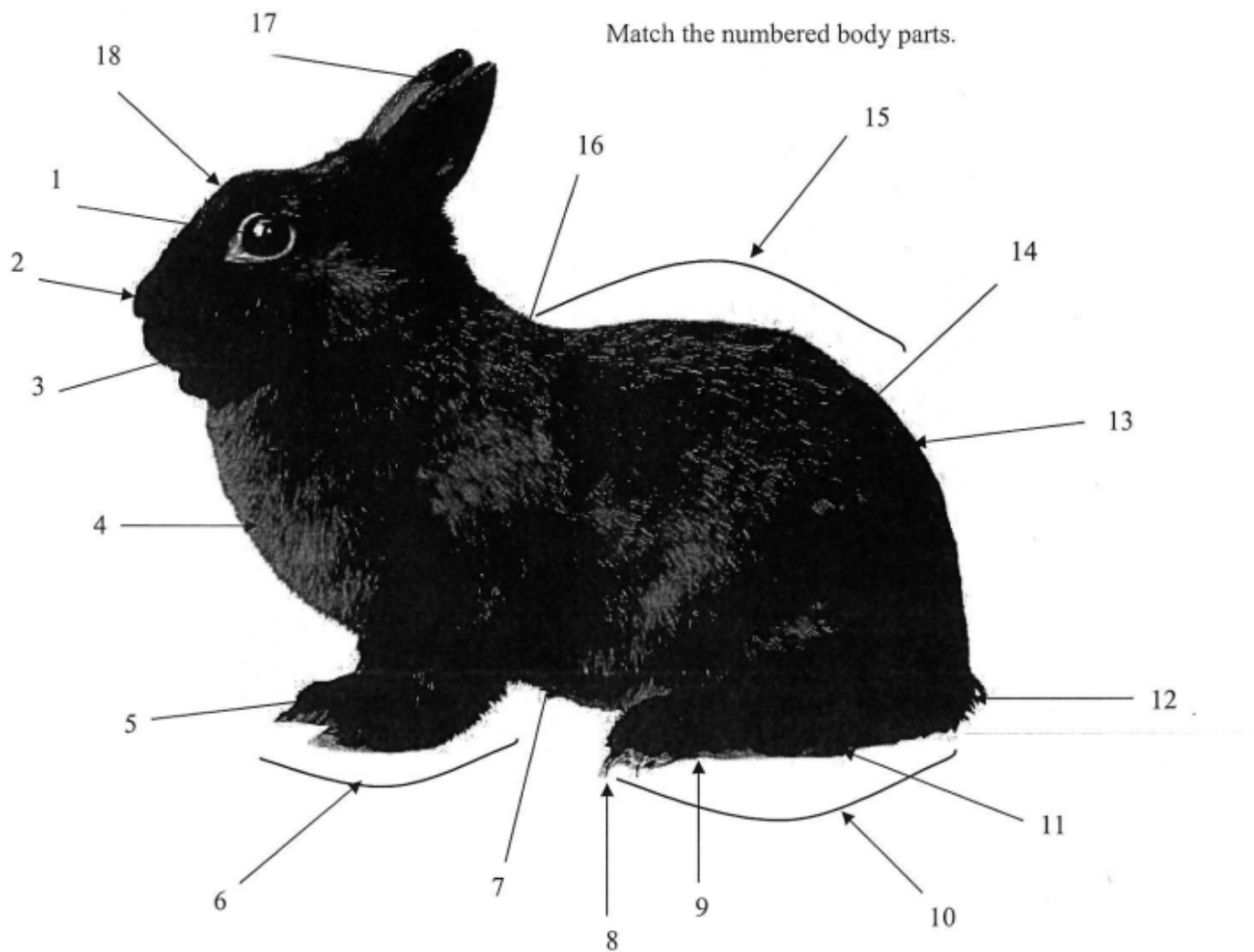
<https://www.shesaved.com/easter-bunny-paper-plate/>

Directions:

1. Cut a paper plate in half.
2. Using a pencil draw on two half oval eyes and carefully cut out with scissors.
3. Cut out two long oval ears and a heart about 4" wide by 3" tall from your white card stock.
4. Glue the bottom of your heart to the bottom middle of your paper plate.
5. Cut out smaller heart from your pink paper and glue the bottom of the heart to the bottom of the heart.
6. Then cut out (6 whiskers) at 3 1/2" per piece of pipe cleaner and glue 3 to each side of the white heart.
7. Cut out 2 long ovals from your pink paper slightly smaller than the white paper ones, glue the pink ovals onto the white ovals, and cut the bottoms flat for the ears.
8. Glue the ears to the back top of the plate.
9. Then glue a jumbo craft stick onto one side of the plate to use as a handle.

RABBIT BODY PARTS

Test your knowledge and try your hand at identifying the body parts of a rabbit.



Match the numbered body parts.

- | | | | |
|-------------|----------------|----------------|---------------|
| _____ Back | _____ Eye | _____ Hip | _____ Tail |
| _____ Belly | _____ Foot | _____ Hock | _____ Toe |
| _____ Cheek | _____ Forehead | _____ Nose | _____ Toenail |
| _____ Chest | _____ Foreleg | _____ Rump | |
| _____ Ears | _____ Hindleg | _____ Shoulder | |

4-H INDIVIDUAL ENROLLMENT FORM

OFFICE USE ONLY
Date Member Entered _____



Club Name _____ Club/Unit No. _____ County _____
OFFICE USE

Name _____
Title First Middle Preferred Last Suffix
Mailing Address _____
Street Route Box
City/Town _____ State _____ ZIP Code _____
Home Phone _____ Cell Phone _____
E-mail Address _____

Name of School _____
Years in 4-H _____
(include this year)
Birth date ____ / ____ / ____ Grade in School _____

The purpose of the following is only to gather statistics and determine compliance with Civil Rights laws.

Race/ethnic origin:
 American Indian or Alaskan Native
 Asian or Pacific Islander
 Black
 Hispanic
 White
 Other _____

Gender:
 Male
 Female

Residence:
 Farm
 Rural area or town of less than 10,000
 Town or city of 10,000-50,000
 Suburb of a city more than 50,000
 City of more than 50,000

Club office held this year:

<input type="checkbox"/> President	<input type="checkbox"/> Photographer
<input type="checkbox"/> Vice President	<input type="checkbox"/> Song Leader
<input type="checkbox"/> Secretary	<input type="checkbox"/> Recreation Leader
<input type="checkbox"/> Treasurer	<input type="checkbox"/> Other
<input type="checkbox"/> Reporter	

4-H volunteer roles you held last year:

Direct Volunteer—Teen Leader, Project or Club Leader, Camp Counselor, Ambassador

Indirect Volunteer—Member of a Council, Board, or Committee beyond your club

Middle Manager—Serving or leading other volunteers

PARENT OR GUARDIAN INFORMATION:

Names _____
 Addresses _____
 Occupations _____
 Phones H _____ Cell _____
 W _____ Fax _____
 Okay to call at work
 E-mail _____

Names _____
 Addresses _____
 Occupations _____
 Phones H _____ Cell _____
 W _____ Fax _____
 Okay to call at work
 E-mail _____

Have you ever been a member of 4-H? Yes No

Are you interested in assisting with club activities? Yes No

Have you ever been a member of 4-H? Yes No

Are you interested in assisting with club activities? Yes No

Applicant: I have read and completed this enrollment form, including project selection.

 4-H'er Date Parent/Guardian Date 4-H Leader Date

**Give us some
feedback after you
complete this kit.**



*Use your smart phone and scan this QR
code and simply answer the questions.
Your feedback is so valuable!*

Thanks!



END