

This tool is to help you make your home safer for you and your family. To complete this tool, take it to each room of your house and answer the questions. Skip any questions that don't apply to your home. At the end there will be a place to make a list of next steps to take to make your house safer for everyone living there.

✓ This checkmark means an easy, low-cost fix you can make right away.

This dollar sign means a fix that may cost some money or take more time.

Family Members Living in Home				
Are there any children living in your house?			OYes	
Does anyone in your house have asthma or breathing problems?		Don't know	OYes	
 If you have children under the age of five, look for suggestions marked with this sign. If anyone in your household has asthma or breathing problems, pay attention to this sign. If anyone in your household has difficulty getting around (physical disability, difficulty walking, balance issues), pay attention to this sign. 				

General Household



	Low Concern	Medium Concern	High Concern
When was your home built?	OAfter 1978	D 1951-1978	D Before 1951
Is there any chipped or peeling paint in your home?	O No		Oyes
Are your emergency contact phone numbers in a place they are easy to get to?	OYes		
Are there any smokers in your house?	O No		Oyes
Is there a working smoke detector in your home?	Oyes		O No
Is there a fire extinguisher in your house?	OYes		O No
Is there a working carbon monoxide detector in your house?	OYes		
How do you heat your home?	DElectric/furnace	□Space heater	□Fireplace, stove, oven
If you use a space heater, what kind is it?	Oil-filled		Open metal coils
Are there any broken windows in your home?	O No		OYes
Are there tight fitting screens on all windows?	OYes		O No
Are there large cracks/holes in the floor or walls?	O No		Oyes
Are there doormats at the doors to your home?	OYes		O No
Do you keep cleaning supplies, chemicals and pesticides up high and away from children in their original containers?	OYes		D No
Do you have any leaking pipes in your home?	O No		D Yes
Does your dryer vent to the outside?	•Yes, or Don't hav	ve dryer	
Do you store medications up high and away from children in their original packages?	OYes		ONO
Is your hot water heater set to the middle (or lower) setting?	OYes		

Store cleaning supplies and chemicals in air-tight containers up and away and out of the reach of children.

Keep medications up and away and out of the reach of children and in their original containers.

 \Im Set hot water heater to the middle setting or lower (120 degrees).

Uacuum carpet and rugs at least once a week.

 $\overset{\textcircled{1}}{\mathbb{Q}}$ Put all ashtrays and a comfortable chair outside so smokers can smoke outside.

Additional detailed recommendations for the entire house are listed on the following page.

lditio	onal Detailed Recommendations for the Entire Home.
Z	Keep space heaters where children cannot touch them and away from anything that might catch on fire.
\checkmark	Keep a list of important emergency contact phone numbers (poison control 1-800-222-1222, doctor, family
	members) in a place you can easily find them, such as on the refrigerator.
\checkmark	Test the batteries in your smoke detector once a month.
\checkmark	Throw away unused/expired medications in the trash.
\checkmark	If your house was built before 1978, cover peeling or chipped paint with duct tape.
\$	Place a smoke detector near the door to each bedroom.
\$	Put doormats at the entrances to your home.
\$	
\$	Buy a fire extinguisher.
\$	Buy a ceramic or oil filled space heater to replace open-coil heaters.
\$	Buy tight fitting screens for all windows.
\$	Buy a kit to test your home for radon.
\$	Replace light bulbs with CFL bulbs, which do not get hot and save money.
\$	Fix any broken windows or large holes/cracks in the walls or floor.
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- Six any leaky pipes.
- S Vent dryer to outside of home.

Living Room					
	Low Concern	Medium Concern	High Concern		
If your home was built before 1978, is there any chipped or peeling paint?	•No or House built	lt after 1978	OYes		
Is it hard to move around the living room because there is so much clutter on the floor or against the walls?			OYes		
Are there cords or wires running across the floor in the room?			OYes		
Are all electrical outlets covered?	OYes	ONO			
Is there wet or moldy carpet (or a rug) in the room?	O _{No}		OYes		
How often do you vacuum the living space?	Once a week or more	D ₁₋₃ times per month	Less than once a month		
Are there any large cracks or holes in the floor/walls?			OYes		
Do you see any green, black, grey, white or brown growth or smell a musty odor?			OYes		
 If you have small children, use outlet covers in all your electrical outlets. Keep space heaters where kids cannot touch them away from anything that might catch on fire. Vacuum carpet and rugs at least once a week. Keep space clutter from living room. Keep Move cords alongside walls or use duct tape to tape to floor to prevent tripping and falls. Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well. If the home was built before 1978, cover any chipping or flaking paint with duct tape. 					
${ m (s)}$ ${ m (t)}_{Buy}$ milk crates or other plastic storage to keep toys and clutter organized.					
Fix any holes and cracks in the floor o					
(S) Remove carpeting that is moldy or damaged and replace with new flooring.					

Kitchen



Low Concern	Medium Concern	High Concern
		D _{Yes}
D Yes, vents outside	D Yes, vents inside	O No
OYes	OWindow, no screen	DNo
OYes		
OYes		O _{No}
OYes		O No
		OYes
		OYes
	 No Yes, vents outside Yes Yes Yes Yes No 	 No Yes, vents outside Yes, vents inside Yes Window, no screen Yes Yes Yes No

Safer Heating:

If you use your oven to heat your home, buy a ceramic or oil-filled space heater.

Less Moisture:

- \checkmark Use fan or open window while cooking.
- ✓ Cover pots while cooking on stove, especially when boiling water.
- ✓ Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well.
- ✓ Clean coils of refrigerator with a brush or vacuum.

Pest Control:

- ✓ Wash dishes immediately after eating.
- ✓ Seal all food or keep it in the refrigerator.
- ✓ *Clean up crumbs or spilled food right away.*
- ✓ Buy air tight containers to store food.

S Call a pest control company to treat your home for bugs and pests.

Bedrooms

If you have more than three bedrooms, make two copies of this page & the next.



		Low Concern	Medium Concern High Concern
	Bedroom 1	ONO	DYes
Is there a mattress on the floor?	Bedroom 2	ONO	Oyes
	Bedroom 3	ONO	Oyes
	Bedroom 1		Oyes
Is there wet or damp carpet in the room?	Bedroom 2		
	Bedroom 3	ONO	
Do you soo ony groop block	Bedroom 1	ONO	Dyes
Do you see any green, black, grey, white or brown growth or smell a musty odor?	Bedroom 2	ONO	D _{Yes}
	Bedroom 3	ONO	
Is there a smoke detector outside each room with working batteries inside?	Bedroom 1	OYes	
	Bedroom 2	OYes	
	Bedroom 3	QYes	
Is it difficult to move around the	Bedroom 1	ONO	
room because there is so much	Bedroom 2	ONO	OYes
clutter on the floor?	Bedroom 3	ONO	D _{Yes}
	Bedroom 1	ONO	D _{Yes}
Are any of the windows in the bedroom broken?	Bedroom 2	ONO	OYes
	Bedroom 3	ONO	D _{Yes}
	Bedroom 1	OYes	
Are there tight fitting screens on all the windows?	Bedroom 2	OYes	
	Bedroom 3	Dyes	
	Bedroom 1	OYes	
Are all electric outlets covered?	Bedroom 2	OYes	
	Bedroom 3	OYes	

Bedrooms Continued...

		Low Concern	Medium Concern	High Concern
	Bedroom 1	□1x/week or more	$\Box_{1-3x/}$ month	Less than 1x/
How often do you wash your	Bedroom 2	D1x/week or	D _{1-3x/}	\Box Less than 1x/
sheets and pillowcases?	Bearoom 2	more	month	month
	Bedroom 3	□1x/week or more	$\Box_{1-3x/}$ month	Less than 1x/ month
		D _{1x/week or}	D 1-3x/	$\Box_{\text{Less than } 1x/}$
	Bedroom 1	more	month	month
How often do you vacuum?	Bedroom 2	D _{1x/week or}	D _{1-3x/}	Less than 1x/
	Dearbonn 2	more	month	month
	Bedroom 3	□1x/week or more	$\Box_{1-3x/}$ month	Less than 1x/ month
Do you see any bugs (roaches,	Bedroom 1	ONO		QYes
ants, etc.) or droppings from mice	Bedroom 2	ONO		OYes
or rats?	Bedroom 3	O _{No}		OYes
.	Bedroom 1			Oyes
Is there chipping or flaking paint in the bedroom?	Bedroom 2	ONO		OYes
	Bedroom 3			

 \Im If you have small children, use outlet covers in all your electrical outlets.

If a family member has allergies or asthma, vacuum and change the sheets and pillow cases at least once a week.

 $\overset{[l]}{ ext{ }}$ Take stuffed animals out of the bedroom if your child has asthma or breathing problems.

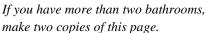
- ✓ Check smoke detectors once a month and replace the batteries if needed.
- ✓ *Keep the bedroom clutter free to make it easier to clean and keep away bugs.*
- ✓ Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well.
- ✓ If the home was built before 1978, cover any chipping/flaking paint with duct tape

(Solution) Buy smoke alarms and put them outside each bedroom.

S Purchase bed frame to raise mattress off the floor (you can find a cheap one at a thrift store).

Put dust mite covers on pillows and mattresses.

Bathrooms





make two copies of this page.		Low Concern	Medium Concern	High Concern
Do you see any green, black, grey, white or	Bathroom 1	D No		O _{Yes}
brown growth or smell a musty odor?	Bathroom 2	ONO		D _{Yes}
Do you have any leaky pipes?	Bathroom 1	ONo		D Yes
	Bathroom 2	D No		V es
	Bathroom 1	O _{Yes}		D _{No}
Does your bathroom have a working fan?	Bathroom 2	D Yes		D No
Is there any wet or moldy carpet or	Bathroom 1	ONo	l	D Yes
bathmats in your bathroom?	Bathroom 2	DNo		OYes
Does your bathroom have a window that	Bathroom 1	D Yes	l	N o
can be opened?	Bathroom 2	OYes	I	D No
Does your bathtub have a non-slip surface or mat?	Bathroom 1	O Yes		🗖 No
	Bathroom 2	O Yes		D No
	Bathroom 1	D No		O Yes
Do you have a mercury thermometer?	Bathroom 2	ONO		O Yes

Get rid of mercury thermometer.

- Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well. \checkmark
- Remove any water-damaged material. \checkmark
- \checkmark When showering, run a fan or open a window.
- Wipe down damp surfaces after taking a shower or a bath. ✓
- Attach rugs to the floor, so that they don't slip. ✓
- **(S)** $\dot{\mathfrak{S}}$ Buy a non-slip mat for showers and bath tubs.
- (S) & Buy a bathmat to minimize slipping.
- **S** *Fix any leaky pipes.*
- **(S)** *Remove any moldy carpet/rugs and replace with other flooring.*
- Purchase a small fan to use while showering or bathing.

Basement and crawl space



	Low Concern	Medium Concern	High Concern
Is the basement damp?	O _{No}		OYes
Is the crawlspace damp or musty?	O _{No}		OYes

- ✓ Check that downspouts and gutters drain away from the house.
- ✓ If water does not drain away from the house, move dirt to direct water away from the house.
- ✓ *If your basement is damp, remove anything you have stored there.*
- ✓ If your basement is damp, spend less time there.
- If damp basement has any carpeting, remove it.
- (S) Use a dehumidifier in the basement/crawl space.

Outside

Buy gutter extenders to drain water away from the house.

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	Low Concern	Medium Concern	High Concern
Are there any mice, rats or other pests in your yard?	O _{No}		D Yes
Is there a trash can with a lid where you can store trash?	OYes		
If you have pesticides or chemicals, are they kept up and away from children and stored in their original containers?	OYes		
If you have gasoline or kerosene, are they stored up and away from children in containers designed for them?	OYes		
If your house was built before 1978, is there any chipping paint?			

Keep children from playing in the yard directly below chipping paint.

 \Im Store gasoline, kerosene, chemicals and pesticides up and away from children in tightly sealed containers.

✓ Clear clutter out of yard so pests don't have a hiding place.

Buy a trash can with a lid so your trash doesn't attract pests.

Next Steps

Spend some time talking with your family to figure out what you would like to fix most.

 \Im If you have small children, start with those items with a rattle next to them.

If you have family members with asthma or breathing problems, start with those items with an inhaler next to them.

 \mathcal{E} If anyone in your home has mobility issues, focus on items with a wheel chair next to them.

Short Term Fixes

✓ Some problems with your home are easy to fix and do not involve spending any money. These have a check mark next to them. What are a few that you can do?

1	 	 	
2	 	 	
3	 	 	

Bigger/More Expensive Fixes

S There are other fixes may require spending a little money. If you have found any of these problems, what are the most important ones?

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